

Roy's Monday evenings

28 November 2011

Dearly beloved,

We've gathered here in this dance room to join in for another smashing dance lesson from Roy. Roy has returned from his work vacation and brought us 3 new dances!!!



We started with 'Lazy' and 'It's a man's world' to get warmed up, then he taught us 'Alabama Slamming' from Rachael McEnaney and 'Daydreams' from Roy himself

(<http://www.youtube.com/watch?v=cHrpJSOXCo4>), an up-tempo dance.



Then Christina took over and rehearsed 'Devotion' from Maggie Ghallager. This time everyone could follow her instructions and it went much better than last time. We didn't need our phone to check on the step sheet.



After that Roy was in doubt whether he would practice 'Dance, Dance, Dance' or teach us a new, slightly easy dance. He decided the last and taught us 'Bright Lights' from Darren Bailey, Raymond Sarlemijn. A relaxed dance to cool down from an energetic evening.

Thank you Roy and Christina and see you on Monday 5 December 2011.